

Problems

Ann Landers, reportedly received thousands of letters each month, and nearly all of them from people burdened with problems. When asked if there was one predominating problem the letters she received, she replied “Fear. People are afraid of losing their health, their wealth, and their loved ones. People are even afraid of life itself.”

The bible tells us of having fear of God. Yet we read in [1 John 4:18](#) *“There is no fear in love; but perfect love casts out fear, because fear involves torment.”*

The Greek word is the same, so it cannot be reasoned that one is simply respect while the other is actually fear! Jesus describes it another way

[Matthew 10:28-31](#) *And do not fear those who kill the body but cannot kill the soul. But rather fear Him who is able to destroy both soul and body in hell. Are not two sparrows sold for a copper coin? And not one of them falls to the ground apart from your Father’s will. But the very hairs of your head are all numbered. Do not fear therefore; you are of more value than many sparrows.*

Simply said, if you’re going to fear someone, fear God, but you don’t have to fear Him because He places greater value on you than anything else! Combined with other verses, God values us more than even the life of His only Son!

So, why do we burden ourselves with so much? Why do we worry and fret and fear anything? Some of it was given to us by God or trained in us by our parents. We stay away from hot things, we don’t jump off of high things, we avoid poisonous creatures, etc. They would do senseless harm to us. But let’s not allow even the fear of those things to separate us from the Love of God, which is in Christ Jesus! (See [Romans 8:31-39](#))

Love to all,
Andy