

Worship In Spirit And Truth!

Reading: [Genesis 4:1-5](#)

Introduction:

Worship Is Important! Worship God Alone! Worship In Spirit And In Truth

[John 4:23-24](#)

the hour is coming, and now is, when the *true* worshipers will worship the Father in *spirit* and *truth*; for the Father is seeking such to worship Him. God is Spirit, and those who worship Him must worship in *spirit* and *truth*.

Worship In Spirit And In Truth requires our all!

[Mark 12:30](#)

You shall love the Lord your God with all your *heart*, with all your *soul*, with all your *mind*, and with all your *strength*.

1. Heart

Mostly translated “heart” has to do with “emotions and attitudes”

[1 Peter 1:22](#)

Love one another *fervently* with a pure heart,

[1 John 3:20](#)

For if our heart *condemns* us, God is *greater* than our heart

Also includes desires and wills

[Matthew 6:21](#)

For where your *treasure* is, there your heart will be also.

[Matthew 18:35](#)

if each of you, from his heart, does not *forgive* his brother their heart was *hardened*.

[Mark 6:52](#)

out of the heart of men, proceed evil *thoughts*

[Mark 7:21](#)

Also includes intellect

[Luke 5:22](#)

Why are you *reasoning* in your hearts?

Cain’s attitude changed his desire and corrupted his worship

[Genesis 4:5](#)

(God) did not respect Cain and his offering. And Cain was very angry, and his countenance fell.

2. Soul

Translated “life or soul” about the same number of times. Either OT/NT

[Luke 14:26](#)

“If anyone comes to Me and does not *hate* (love less) his father and mother, wife and children, brothers and sisters, yes, and his own *life* (soul) also, he *cannot* be My disciple.

Cain’s life was centered around himself and corrupted his worship

[Genesis 4:9](#)

Then the Lord said to Cain, “*Where* is Abel your brother?” He said, “I do not *know*. Am I my brother’s *keeper*?”

3. Mind

Mostly translated “mind” but also “understanding” & “thoughts”

[Colossians 1:21](#)

You, who once were alienated and enemies in your *mind* by wicked *works*, yet now He has *reconciled*

[Philippians 4:8](#)

Whatever things are *true*, whatever things are *noble*, whatever things are *just*, whatever things are *pure*, whatever things are *lovely*, whatever things are of *good report*, if there is any *virtue* and if there is anything *praiseworthy*—meditate on these things.

What was Cain thinking that corrupted his worship?

[Genesis 4:3](#)

in the process of time it came to pass that Cain brought an *offering* of the fruit of the *ground* to the Lord. [v. 5](#) (God) did not *respect* Cain and his offering.

Ä Was it easier to bring fruit from the ground than a blood sacrifice?

Ä Was he giving God the leftovers instead of the firstlings like Abel?

Ä Was it mere ritual, instead of humble service?

Whatever it was, he did not have his mind on the things of God!

4. Strength

Translated “power” and “might” 2 two other words:

[Ephesians 6:10](#)

be *strong* in the Lord and in the *power* of His *might*.

[Ephesians 1:19](#)

what is the exceeding greatness of His *power* toward us who believe, according to the working of His *mighty power*

The key here: For what do we use our strength?

[Genesis 4:8](#)

Cain talked with Abel his brother; and it came to pass, when they were in the field, that Cain *rose* up *against* Abel his brother and *killed* him.

Meek: Strength, Might, and Power under control!

[Matthew 5:5](#)

Blessed are the *meek*, For they shall inherit the earth.

[James 4:10](#)

Humble yourselves in the sight of the Lord, and He will *lift* you up.

[1 Peter 5:6](#)

Humble yourselves under the mighty hand of God, that He may *exalt* you in due time,

Conclusion:

Where is our heart when we worship? Where are our thoughts? Do we love God with our very breath? Where do we put our energies? Loving God with all our heart, soul, mind and strength will make it easier to obey Him in any area of life.

Can our worship be acceptable any other way? God is seeking those who will worship him in spirit and in truth, heart and mind, soul and strength.